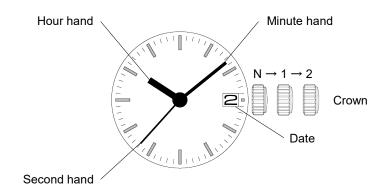
Instruction of Watch Movement



Cal. VS22B

SOLAR SERIES - 3 hands / Date

Display



◆ Crown operation

	Crown position					
	N : normal	1 : 1st click	2 : 2nd click			
Crown	Free	Turn clockwise for date change	Time setting			

♦ How to set time

- (1) Pull the crown out to the 2nd click position when the second hand is at the 12 o'clock position.
- (2) Turn the crown to set the hour and minute hands.
 - Take a.m./p.m. into consideration when setting the hour and minute hands to the desired time.
 - When setting the minute hand, advance it 4 to 5 minutes ahead of the desired time and then turn it back to the exact time.
- (3) Push the crown back to the normal position.

♦ How to set date

- (1) Pull the crown out to the 1st click position.
- (2) Turn the crown to set the date.
 - Do not set the date between 9:00 p.m. and 1:00 a.m..
- (3) Push the crown back to the normal position.

Tips: When the date change during daytime, it happens when a.m./p.m. is wrongly set. Advance the hour hand by 12 hours.

Features of the solar watch

This watch is a solar-powered watch containing a solar cell underneath the dial to convert any form of light into "electrical energy" and store the power in a secondary battery.

Unlike conventional quartz watches, this watch does not use a silver oxide battery, thus eliminating the need for battery replacement.

Running time

Expected running time from full charge to stoppage will be around 6 months.

Over charge prevent function

If the secondary battery is charged more than predetermined voltage, over charge prevent function is operated to prevent the secondary battery deterioration and breakage.

Power depletion warning function

When the energy stored in the secondary battery is reduced to an extremely low level, the second hand starts moving at two-second intervals instead of the normal one-second intervals. In that case, recharge the watch as soon as possible by exposing it to light. Otherwise, the watch may stop operating in about 1 day.

How to charge and start the watch

■ Charging the watch

When you start the watch or when the energy remaining in the secondary battery is very low, charge it sufficiently by exposing the watch to light.

It is not necessary to charge the watch fully. It is important, however, to charge the watch sufficiently, especially
in the case of initial charging.

■ Caution

When charging the watch, do not place it too close to fluorescent lamp or other light sources as the watch temperature will become extremely high, causing damage to the parts inside the watch.

■ To prevent energy depletion

- · Avoid covering the watch face with your clothing while wearing it.
- When the watch is not in use, leave it in a brightly lit place for as long as possible.
 Make sure that the watch temperature does not exceed 50°C.

Guidelines for charging time

The below table provides only general guidelines.

Illuminati on (Lx)	Source of light	Environment	Dial transparency rate is 25%			Dial transparency rate is 30%		
			A (Approx. Hours)	B (*) (Approx. Hours)	C (Approx. Minutes)	A (Approx. Hours)	B (*) (Approx. Hours)	C (Approx. Minutes)
700	A fluorescent lamp	Inside the office	_	30	90	-	25	70
3,000		30W 20cm	75	10	25	60	8	20
10,000	Sunlight	Cloudy	25	3	7	20	2	6
100,000		Fine weather	8	0.45	2	6	0.4	2

Condition A : Time required for full charge Condition B : Time required for steady operation Condition C : Time required for 1 day's charge

Even if the watch is not charged for the time specified in the column, the second hand may temporarily move at one-second intervals. But it will soon resume moving at two-second intervals; therefore, charge the watch for more than the specified period.

^(*) The values in this column represent the charging times required until the second hand moves constantly at one-second intervals after the watch starts operating with the second hand moving at two-second intervals.