

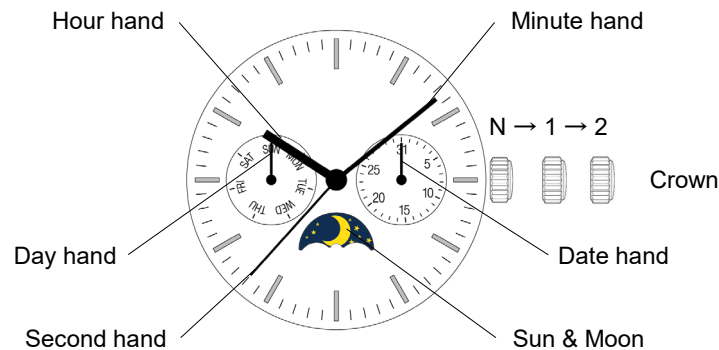
## Instruction of Watch Movement

# Cal. VX3HE

### MULTI-FUNCTION

- Day / Date
- Sun & Moon

### ◆ Display



### ◆ Crown operation

	Crown position		
	N : normal	1 : 1st click	2 : 2nd click
Crown	Free	Turn counterclockwise for date change	Time setting (Day change)

### ◆ How to set time and day of the week

- (1) Pull the crown out to the 2nd click position when the second hand is at the 12 o'clock position.
- (2) Turn the crown clockwise to advance the hour and minute hands until the day hand is set to the desired day of the week.
  - The day hand will not move back by turning the crown counterclockwise.
  - To advance the day hand quickly, turn back the hour and minute hands 4 to 5 hours beyond the point of the day change (between 11:00 p.m. and 4:00 a.m.), and then advance them again until the day hand is set to the next.
- (3) Turn the crown to set the hour and minute hands.
 

Take a.m./p.m. into consideration when setting the hour and minute hands to the desired time.

  - The sun & moon rotary disc moves correspondingly with the hour hand.
  - When setting the hour hand, check that the sun & moon rotary disc is correctly set.
  - When setting the minute hand, advance it 4 to 5 minutes ahead of the desired time and then turn it back to the exact time.
- (4) Push the crown back to the normal position.

### ◆ How to set date

- (1) Pull the crown out to the 1st click position.
- (2) Turn the crown counterclockwise to set the date hand.
  - Do not set the date hand between 9:00 p.m. and 1:00 a.m.. Otherwise, they may not change properly.
  - The date hand will not move back by turning the crown clockwise.
- (3) Push the crown back to the normal position.